

Chaplain's Column

Brother Knights and Families,

Fewer and fewer people are making New Year's resolutions. They seldom keep them anyway! The same is true of Catholics and other people of faith making Lenten resolutions. Catholics are content to just follow the laws of fasting and abstinence on Ash Wednesday and Good Friday and abstaining from meat in the Lenten Fridays. The real purpose of fasting is to create in ourselves a feeling of longing that helps us recognize our hunger for God. Maybe you could fast from gossip. Saying unkind things, complaining, jealousy, irritability, sweets, soda, alcoholic drinks, snacks. The possibilities are endless. A main Lenten theme is accepting God's mercy. Then we are expected to be a person of hope, peace, justice, forgiveness and mercy to others. Our job is not to understand God's mercy; it is to accept it. When we do this well, we come to a deeper understanding of how God works in our lives. It is only through this acceptance that we can truly see as God sees. This enables us to do as God does by offering that same mercy to those who are most in need of it, family members, neighbors, co-workers, anyone we have hurt!

In deciding what we may want to do this Lenten season, remember these 3 C's:

The 3 C's of life:

CHOICES, CHANCES, CHANGES

You must make a CHOICE to take a CHANCE

Have a meaningful Lent, Fr. Dick