

KC CHALAIN NEWSLETTER

Wishing you a most Blessed New Year. May it be filled with meaningful prosperity and happiness, good health and success in keeping your New Year's resolutions. Most made resolutions are made to accomplish a healthy lifestyle, financial savings or improving some relationships. Seldom does one make a resolution centering on one's desire to be a better Catholic or Christian.

By now, you probably have your favorite Christmas cookie, fruit cake or any other recipes that are traditional, put away for another year. Here is a recipe that can be used year round.



A RECIPE FOR HAPPINESS

There's a recipe for happiness that anyone can make.
It calls for lots of thoughtfulness and dabs of give and take.

You add a dash of helpfulness and kindness goes in too.
You mix it well honesty and add humor, old and new.

A little pinch of tolerance is blended with much hope.
And next we sift in powerfulness, to help us to cope.

We must have cheer and brightness, too some beauty on the side.
And just a bit of closeness now with patience as our guide.

A lot of love is mixed in now so sadness won't prevail.
Sincerity and tenderness without them we would fail.

A sprinkle of forgiveness now and thankfulness anew.
You mix and blend them well with friendship good and true.

Then top it off with gaiety while joy comes trickling thru.
Add charm and sweetness to it all and laughter – don't be blue.

So this recipe, my friend and change your life today.
Our spirits will begin to soar let nothing block your way!

By Grace Cleys

Hope to see you at some of the KC meetings and activities during this next year.

Fr. Dick